



	Autumn 1	Autumn 2		Spring 1	Spring 2	Summer 1		Summer 2
Reception			Dance Specialist Teacher				Swimming Specialist Teacher	
Children also receive: Outdoor learning sessions for 1 hour per week, 15 minutes Daily Mile each day and the opportunity to participate in organised activities or using equipment at break and lunchtime.								

Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2		
Key Stage 1	Cycle A											
		Gymnastics	 Agility, motor skills and coordination	Dance Specialist Teacher	 Resilience and persistence	Swimming Specialist Teacher	 Social skills and cooperation	Yoga	 Reasoning, tactics and problem solving	Fundamental Skills 1	 Creativity and adaptation	Fundamental Skills 2
	Cycle B											
	Gymnastics	 Agility, motor skills and coordination	Dance Specialist Teacher	 Resilience and persistence	Swimming Specialist Teacher	 Social skills and cooperation	Fundamental Skills 3	 Reasoning, tactics and problem solving	Fundamental Skills 4	 Creativity and adaptation	Fundamental Skills 5	
Children also receive: Outdoor learning sessions for 1 hour per week, 15 minutes Daily Mile each day and the opportunity to participate in organised activities or using equipment at break and lunchtime.												

Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2		
Lower Key Stage 2	Cycle A											
	 Agility, motor skills and coordination	Dance Specialist Teacher	 Resilience and persistence	Swimming Specialist Teacher	 Social skills and cooperation	Gymnastics	 Creativity and adaptation	Invasion Games 1	 Reasoning, tactics and problem solving	Striking and Fielding 1	 Health and Fitness	Tennis 1
	Cycle B											
		Dance Specialist Teacher	 Agility, motor skills and coordination	Swimming Specialist Teacher	 Resilience and persistence	Gymnastics	 Social skills and cooperation	Invasion Games 2	 Reasoning, tactics and problem solving	Striking and Fielding 2	 Creativity and adaptation	Tennis 2
Children also receive: 15 minutes Daily Mile each day and the opportunity to participate in organised activities or using equipment at break and lunchtime.												

Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2		
Upper Key Stage 2	Cycle A											
		Dance Specialist Teacher		Swimming Specialist Teacher		Gymnastics		Hockey		Cricket		Athletics 1
	Cycle B											
		Dance Specialist Teacher		Swimming Specialist Teacher		Gymnastics		Netball		Rounders		Athletics 2
Children also receive: 15 minutes Daily Mile each day and the opportunity to participate in organised activities or using equipment at break and lunchtime.												

